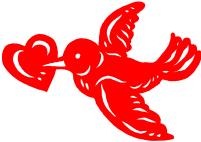




February 2006

Volume 1 Issue 2



February Events

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 FLATLANDS COPPER MT.	2	3	4
5	6	7 Board Meeting Wing Stop	8	9	10	11
12 Olympic Men's Down- Hill—DJ Dugout	13		15	16	17	18 Cosmic Bowling at Mockingbird Lns
19	20	21 Bar Party DJ's in Bellevue	22	23	24	25
26	27	28		Olympic Alpine Events Calendar Inside		

Feb 7—Board Meeting (all members welcome) Wing Stop, 120th and Blondo, 7:00 p.m.

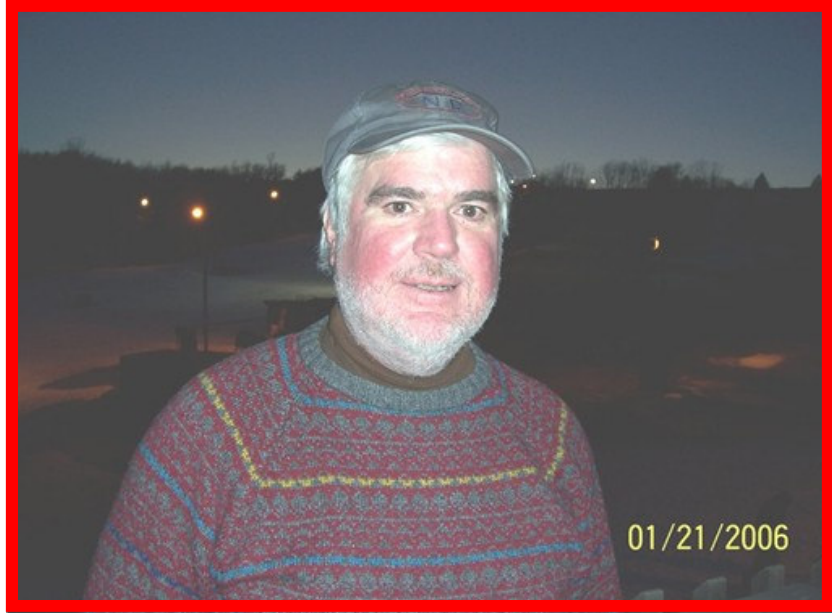
Feb 12—Watch the Olympic Men's Downhill with fellow ski enthusiasts, DJ's Dugout, 114th and Dodge in the large party room. 7:00 p.m.

Feb 18—Cosmic Bowling at Mockingbird Lanes, 4870 So. 96th (96th between Q & L). \$3.85 per game/\$2.50 shoe rental. Lanes are 1st come/1st served, 9:00 p.m. to 1:00 a.m.

Feb 21—Bar Party, DJ's Dugout in Bellevue, 2440 Cornhusker Rd. 7:00 p.m. Copper Mt. Post Trip and Jackson Hole Pre Trip Party

**Torino 2006
XXth Olympic
Winter Games**
Watch it with your
friends on Feb 12th

Dave Lawler
Earns
OSC Lifetime
Membership.
Thanks, Dave!



LETTER from the PRESIDENT

The OSC Board of Directors is pleased to announce that at the January 17, 2006 Board of Directors meeting, we voted unanimously to award a **Lifetime Membership** to **Dave Lawler**.

Almost all of you know Dave. Dave has been an extremely active member of the Omaha Ski Club for over two decades. Dave joined the Omaha Ski Club immediately upon moving to the Omaha area in 1983. He had enjoyed being a member of the Sitzmarkers Ski Club in Fort Dodge, Iowa, where he was responsible for their newsletter. He hoped to have the same fun experience with the ski club in Omaha. As we know and Dave learned, joining a club is a great way to meet lots of fun, friendly new people.

Soon after, in 1985, Dave was elected to the Board of Directors as newsletter editor. At that time, there were nine elected positions, the newsletter position being one of them. (In 1988 the Board restructured to reduce the number of elected positions to 5 members—the number of directors on our Board today, not including committee positions).

In the 1989 amendment of the by-laws, the newsletter position became a committee chair. Dave kept his position of newsletter chairperson. While responsible for the production and distribution of the newsletter, Dave also provided invaluable assistance to our Ski Club by performing many functions associated with membership and

directory such as maintaining the membership list and publishing the yearly Membership Directory.

Dave has also been instrumental in redrafting the club's Articles of Incorporation and By-Laws as needed. It helps to have professional legal advice!

Dave is an attorney by trade. He recently left Iowa Legal Aid after a 16 year career. During that time he helped many farmers work through financial difficulties. He recently started his own practice, primarily devoted to consumer law. He will be devoting his energy to building his practice and helping anyone needing his legal expertise.

Dave has been a tremendous asset to the ski club, also serving as captain on numerous trips. You all know how important a good trip captain is to the success of a trip!

In light of these tremendous contributions and especially in light of the number of years Dave's devoted to helping the club, the Board believed it only fitting to award Dave a lifetime membership to the Omaha Ski Club.

Congratulations Dave! It's certainly a well-deserved honor. Thanks for all you've done and will continue to do for our club.

Andrea McMahan
President
Omaha Ski Club

2006 Trips Update

Our first 2 ski trips of the season have returned from Loveland and Copper Mountain. (I hear they had great skiing conditions) and our next 2 trips are coming up fast so here's a quick update:



Jackson Hole, March 4-11: This trip filled up immediately (we even added eight more spots from our original booking). The good news is we formed a waiting list* and if you're interested, there is a very good chance we can accommodate you. But don't delay! We are limited by the number of room vacancies at the hotel and I have no clue when those will be gone. This is the **premier fly out trip** of the year with 18 club members attending. Price is \$1,009.00 (priced may vary due to airfare rates). Contact **Merry Johnson** at 492-8850 or at Nemeryjohnson@aol.com.

Aspen with the Chicago Metro Ski Council, March 25 - April 1: **Just One Spot Left!!!** Quick, quick, quick, after that one spot fills we will form a waiting list*. This trip includes seven nights lodging (recently changed to the Gant condos where the CMSC group is staying), four days of lift tickets, CMSC activities, races, banquet and more. Price is \$859.00 for this drive out trip. Contact **Ron Bechdolt** at 321-2678 or at vp-trips@omahaskiclub.org.



*** A quick review of our waiting list policies:** When a trip is full the trip captain will start a waiting list. To be placed on the waiting list, a member must fill out and sign a trip application form and pay the standard deposit for that trip. Waiting list members must meet payment schedules once moved from the waiting list to the confirmed list. All members still on the waiting list when the trip departs will receive a full refund of their deposit.

See you on the slopes,

Ron Bechdolt
Vice President, Trips
vp-trips@omahaskiclub.org



Eisenhower Tunnel Air Vents

Coming Events...

- March 4th—Trip #3 to Jackson Hole, Wyoming
- March 14th—Board Meeting, 7:00 p.m. TBA
- March 16th—Ethnic Dinner at Mother's Good Food, 1410 Saddle Creek Rd. Mostly Cajun Menu, 7:00 p.m. RSVP to Sally Hammond 493-6056 or aspendream@cox.net
- March 25—Trip #4 to Aspen, Colorado



Crescent Winter Days

Well it certainly didn't feel like winter on January 21st. However, 29 club members (including 4 new ones) joined in for the renewal of our annual Winter Days at Mt. Crescent. Due to the seasonally warm weather, only the main ski run had enough snow for skiing. Those choosing to ski witnessed a beautiful sunset over the back side of the hill with the lights of Omaha ushering in the evening. After skiing, 21 of us gathered over a hearty meal at the "world famous" Pink Poodle Restaurant in downtown Crescent, IA. Depending on the weather later this winter, we may try another ski day at Crescent. This time we'll wait on the cold weather and snow...then send out an impromptu email a couple days prior to the event. Enjoy the pictures below!





LOVING THE SKIING AT LOVELAND!

Four intrepid skiers – **Pat Connelly, Ben Novograd, Mike McCarthy and Dave Kipple** spent two days at Loveland on December 30th and December 31st. **Mark Storz** joined us on the 31st.

After some initial glitches getting there, primarily due to a jackknifed semi on I-70, we met Thursday afternoon, Dec 29, at our lodging at the Georgetown Mountain Inn. We explored the available restaurants in Georgetown and ate dinner at the Red Ram, a large, distinctive old bar and eatery which some of us remembered from previous trips.

The next morning, we met at the base of Loveland, got our lift tickets and accessories and set off to ski. Conditions were excellent – deep, fresh powder. It was somewhat cloudy and windy but almost all of the mountain's terrain was open. We met some of Pat's friends at lunch, then continued to ski afterwards finishing the day off with drinks at the base lodge.

That evening, we split up for dinner – some of us ate in Georgetown and some in Idaho Springs. Saturday morning, the 31st, we met Mark at the Loveland base and spent a second day at Loveland. The weather was better, and snow conditions remained excellent. Some of us took Lift 9 all the way to the top of the Continental Divide, skied the bowls on the right (north) side of Loveland and finished at the entrance to the skiers tunnel under I-70. We passed through the tunnel to get back to the base lodge for lunch, and then skied different parts of the area in the afternoon.



Mark and Ben checked out the inn's hot tub while absorbing some military vodka and orange juice. For New Year's Eve dinner, Mike and Dave got adventurous and drove off to Evergreen to eat at the Chart House, while Mark, Pat and Ben sampled the food at the Tommyknockers microbrewery in Idaho Springs. We were all too tired to stay up for New Year, but four of us made up for it by skiing a full day on the 1st. Pat and Ben drove over Berthoud Pass and skied at Winter Park, while Mike and Dave spent a third day at Loveland. Conditions at both locations were still great; several inches of new snow the previous night helped considerably.

We all reconvened in Georgetown for dinner at the Alpine Inn, had a well-deserved night's rest and left early the next morning.

Ben Novograd
Trip Captain



2006 Winter Olympics - Alpine Events TV Schedule

All Times (CST) Link to full TV coverage - <http://msnbc.msn.com/id/10792454>

Saturday, Feb. 11

NBC — Alpine Skiing Men's Downhill (Timed Training); 3-6 p.m. **7-10:30 p.m.**

Sunday, Feb. 12 (OSC Event at DJ's Dugout on 114th and Dodge)

NBC — Alpine Skiing Men's Downhill Final; Snowboarding Men's Halfpipe Final; 6-10 p.m.

Monday, Feb. 13

NBC — Snowboarding Women's Halfpipe Final; **7-10:30 p.m.**

Tuesday, Feb. 14

USA — Alpine Skiing Women's Downhill (Timed Training); **2-10 a.m.**

NBC — Alpine Skiing Men's Combined (downhill & slalom); Final **7-10:30 p.m.**

NBC — Cross Country Men's Team Sprint Final; **11:05-12:30 a.m.**

Wednesday, Feb. 15

NBC — Alpine Skiing Women's Downhill Final; Freestyle Skiing Men's Moguls Final; Cross Country Women's Team (4x5km Relay); **7-10:30 p.m.**

Thursday, Feb. 16

USA — Men's Snowboarding Cross; **5-10 a.m.**

NBC — Cross Country Women's 10km Final; **3-4 p.m.**

NBC — Men's Snowboarding Cross Final; **7 p.m.-11 p.m.**

Friday, Feb. 17

USA — (Women's Snowboard Cross (live)); **3 a.m.-12:30 p.m.**

NBC — Cross Country Men's 15km Final; **3-4 p.m.**

NBC — Snowboarding Women's Snowboard Cross Final; Alpine Skiing Women's Combined (downhill & slalom) Final; **7-10:30 p.m.**

Saturday, Feb. 18

NBC — Alpine Skiing Men's Super-G Final; **7-10:30 p.m.**

Sunday, Feb. 19

NBC — Alpine Skiing Women's Super-G Final; Cross Country Men's 4x10km Relay Final; Freestyle Skiing Women's Aerials; **6-10 p.m.**

Monday, Feb. 20

NBC — Alpine Skiing Men's Giant Slalom Final; Freestyle Skiing Men's Aerials; **7-10:30 p.m.**

Tuesday, Feb. 21

NBC — Nordic Combined Sprint Final; **3-4 p.m.**

Wednesday, Feb. 22

NBC — Men's Snowboarding Parallel Giant Slalom; Cross Country Men's Sprint Final; **3-4 p.m.**

NBC — Alpine Skiing Women's Slalom Final; Freestyle Skiing Women's Aerials Final; Men's Snowboarding Parallel Giant Slalom Final; **7-10:30 p.m.**

NBC — Cross Country Women's Sprint Final; **11:05-12:30 a.m.**

Thursday, Feb. 23

NBC — Women's Snowboarding Parallel Giant Slalom; **3-4 p.m.**

NBC — Freestyle Skiing Men's Aerials Final; Snowboarding Women's Parallel Giant Slalom Final; **7 p.m.-11 p.m.**

Friday, Feb. 24

NBC — Cross Country Women's 30km Final; **3-4 p.m.**

NBC — Alpine Skiing Women's Giant Slalom Final; **7-11 p.m.**

Saturday, Feb. 25

NBC — Alpine Skiing Men's Slalom Final; Biathlon Men's 15km Final; **7-10:30 p.m.**

Sunday, Feb. 26

NBC — Cross Country Men's 50km Final; **3-5 p.m.**

**OMAHA SKI CLUB MEMBERSHIP APPLICATION
JUNE 2005 - MAY 2006**

MEMBERSHIP STATUS: NEW _____ RENEWAL _____ FAMILY \$25 _____ SINGLE \$22 _____

MEMBER INFORMATION - - - PLEASE PRINT CLEARLY

Name: _____

Spouse: _____

Street Address: _____

City: _____ State: _____ Zip: _____

Home Phone: _____ Work Phone: _____

Cell Phone: _____

Email Address: _____

For family membership, list all dependent minors.

If new member, how did you hear about the club?

NOTE: BY SIGNING THIS APPLICATION I RELIEVE THE OMAHA SKI CLUB, INC. (OSC) OF ANY RESPONSIBILITY FOR ACCIDENT OR INJURY I INCUR WHILE PARTICIPATING IN ANY OSC ACTIVITIES. I ALSO CERTIFY THAT I AM OF LEGAL DRINKING AGE IN THE STATE OF NEBRASKA.

SIGNATURE: _____

DATE: _____
(Must be signed and dated)

[OSC USE ONLY] MEMBERSHIP NO _____ BD _____ TR _____ NL _____

Print this page and mail along with membership dues to:

**Omaha Ski Club
PO Box 3104
Omaha, NE 68103-0104**

OSC Board of Directors

PRESIDENT

Andrea McMahon.....553-7620 (h)
president@omahaskiclub.org..361-2021 (w)

VICE PRESIDENTS

Ron Bechdolt.....498-8969 (h)
vp-trips@omahaskiclub.org

Sally Hammond.....493-6056 (h)
vp-activities@omahaskiclub.org

SECRETARY

Ben Novograd.....291-5704 (h)
secretary@omahaskiclub.org

TREASURER

Phil Bintz.....712-483-2668 (h)
treasurer@omahaskiclub.org

www.OmahaSkiClub.org

Moving? Change of Email?

Notify Steve Grunberg

OSC Committees

MEMBERSHIP

Steve Grunberg.....319-1349 (h)
membership@omahaskiclub.org

NEWSLETTER

Steve & Linda Grunberg.....319-1349 (h)
newsletter@omahaskiclub.org

RACE

Phil Bintz.....712-483-2668 (h)
race@omahaskiclub.org

PUBLIC RELATIONS

Linda Grunberg.....319-1350 (h)
marketing@omahaskiclub.org

FSA DIRECTOR

Craig Larson.....992-6997 (h)
fsa-director@omahaskiclub.org

OSC WEBMASTER

Ben Novograd.....291-5704 (h)
webadmin@omahaskiclub.org

Visit the OSC photo
album for more trip and
party photos.
www.omahaskiclub.org



P.O. BOX 3104
OMAHA, NE 68103-0104

The Dos and Don'ts of First-aid for Frostbite

- **DO** get the person into a warm room as soon as possible and call for medical assistance. You can also give the person warm drinks, such as broth or tea.
- **DO** rest the injured areas (avoid walking on frostbitten feet, for example) and elevate them slightly.
- **DO** take off any wet or restrictive clothing.
- **DO** warm the area by immersing it in warm (NOT HOT) water for at least 30 to 45 minutes, or until the affected part feels warm and sensation returns. During warming, the person may complain of severe pain, and the injured area may swell and change color.
- **DO NOT** do anything that will further injure the tissue. Leave blisters intact, and cover them with sterile, clean cloths.
- **DO NOT** rub the area with your hands, snow or anything else.
- **DO NOT** warm the affected area if there is any chance that it will be exposed to the cold again.